



Vishnu Saravanan

Sport: Sailing (ILCA 7)

Age: 25

Date of Birth: 24th February 1999

Hometown: Salamantham, Tamil Nadu

Current Training Base: Royal Malta Yacht Club, Malta

Vishnu's journey in sailing reflects a profound connection to the sport instilled by his father, who introduced him to sailing at a young age (9). This initial exposure ignited a passion within Vishnu, motivating him to delve deeper into the sport and eventually pursue it as a serious endeavour. His aspirations aligned with the Paris 2024 Olympics and the 2025 ILCA 7 Men's with his father's dream of seeing him win medals for India, providing him with a strong sense of purpose and determination.

His progression in the sport was marked by notable achievements, starting with his first national gold medal and followed by his international success, which included securing medals at other prestigious competitions. His crowning moment came when he earned a silver medal at the Mussanah Open Championship in Oman in 2021, earning him a coveted spot at the Tokyo 2020 Olympics and further establishing his prowess on the global stage. In Vishnu Saravanan's quest for Olympic excellence, a meticulously crafted path has unfolded, marked by strategic interventions and steadfast athletic accomplishments.

Notable triumphs at the Hangzhou 2022 Asian Games, including securing a coveted bronze medal underscored the efficacy of these targeted investments. His subsequent qualification

for the Paris 2024 Olympics by securing the quota at the World Championships further validated the impact of these deliberate decisions.

As Vishnu sets his sights on the Paris 2024 Olympics and the 2025 ILCA 7 Men's & ILCA 6 Women's World Championships in China, his resolve remains unshakable. With preparations underway, including a return to Malta for intensive training, Vishnu is poised to make waves and carve his name in Indian sailing history.

Achievements:

- First Indian sailor to get the quota place in the Paris 2024 Olympics.
- Bronze Medal in the Asian Games 2023, China
- Gold medal in YAI Sailing National Championships 2023, India
- Gold medal in Asian Sailing Championships 2022, Abu Dhabi
- Silver medal in Olympics Qualifiers Asian Sailing Championships 2021, Oman
- Bronze medal in U-21 World Championships 2019, Croatia